

# **FOR PARENTS: SIGNS OF A POSSIBLE GAMBLING PROBLEM IN YOUTH**

- Asking for/ borrowing money from the family.
- Gambling "stuff" at home (lottery tickets, betting sheets).
- Unexplained debts, or windfall cash/new items (like new clothes or jewelry).
- Spending unexplained time away from home, work, or school.
- Behavior change (seems distracted, moody, sad, worried, nervous, etc.).
- Withdrawal from the family.
- Less involvement in outside activities.
- Unusual amount of time spent watching sports on TV and/or reading newspapers or magazines having to do with sports.
- Overly upset at conclusion of sporting match.
- Telephone calls from strangers and higher phone bills.
- Bragging about winnings.
- Intense interest in gambling conversations.
- Playing gambling type games on the Internet.
- Money or valuables are missing from your home.

If you suspect your child has a gambling problem,

**CALL 1-800-522-4700**

for confidential help. Don't wait for the problem to get worse!